Is it not to share your bread with the hungry
and bring the homeless poor into your house
when you see the naked, to cover them
and not to hide yourself from your own kin?
Then your light shall break forth like the dawn
and your healing shall spring up quickly

Isaiah 58:7-8

Bread for the Hungry

Every Friday morning and afternoon, children and parents gather outside the hall and collect a loaf of bread, bag of rolls or a fruit bun. This causes great excitement and much of the bread is consumed before families make it home. So why do we have this bread? Is it something nice that we do for our families? Or is there something more to it all?

Catholic Social Teaching sums up the teachings of the Church on social justice issues. It promotes a vision of a just society that is grounded in the Bible and in the wisdom gathered from experience by the Christian community as it has responded to social justice issues through history.

The permanent principles of the Church’s social doctrine are: the dignity of the human person, the common good, subsidiarity, and solidarity. These principles are born of “the Gospel message and of its demands summarised in the commandment of love of God and neighbour in justice with the problems emanating from the life of society.” (Compendium of the Social Doctrine of the Church par.160)

The principle of solidarity means basically that we are all really responsible for each other. It is not about a vague sort of compassion or shallow distress at others’ misfortune, but involves a determination to commit oneself to working for change so that everyone will be able to reach their potential. It is about respect for and the promotion of the dignity and rights of our sisters and brothers.

Pope Francis talks about the “culture of waste” that tends to become a common mentality that infects everyone. This culture of waste has also made us insensitive to wasting and throwing out excess foodstuffs, which is especially condemnable when, in every part of the world, unfortunately, many people and families suffer hunger and malnutrition. Consumerism has induced us to be accustomed to excess and to the daily waste of food, whose value, which goes far beyond mere financial parameters, we are no longer able to judge correctly.

Earlier this year an opportunity became available to the members of Sacred Heart to address both the “culture of waste” as well as solidarity for some in our community. A local bakery has made the offer to donate any product left at the end of Thursday to our school making sure fresh bread goes to the folks who really need it. This enabled
the bakery to ensure all its bread is baked fresh each day. Our school was invited to collect the end of the day bread and distribute to those in need.

Earlier this year an invitation was sent out to all parents to be part of the Bread for the Hungry Program. At this time we did not know if parents would support the program nor exactly who would benefit. As the year has progressed both have become clearer.

Groups that have benefited from the Bread for the Hungry Program include:

- Asylum seekers
- Nursing home
- Elderly in the parish
- Those in need in the parish

Excess bread has been made available to our school community. All this would not have been possible without the wonderful group of parent volunteers coordinated by Mary Kalavrouziotis and Vera’s teams from the Parish Prayer Group who collect and bag the bread. Thank you for this amazing work! You are certainly living and breathing our Catholic Social Teaching. I encourage you to discuss the program with your child, those affected by the program as well as your family response to the “culture of waste” and solidarity.

Regards
Brian Martin
Principal

School Calendar
The 2016 School calendar may be downloaded by following this link
http://www.shoakleigh.catholic.edu.au/calendar.html

Parent Handbook
The Parent Handbook may be accessed ONLY by following this link
http://www.shoakleigh.catholic.edu.au/private.html. There is no link on the website.

School Newsletter
Email addresses for new families have been entered onto the school system. Please provide an email address to the school to receive newsletters, if you have not already done so on your enrolment form. The school office email address is office@shoakleigh.catholic.edu.au

School Closure Days
Closure day 4 will be on Monday 31 October (Melbourne Cup Eve)
Please register your interest with Camp Australia if care is required (this service will be offered depending on numbers).

PREP/FOUNDATION ENROLMENTS FOR 2017
Applications for enrolment Foundation 2017 at Sacred Heart Primary School are now open and will close on June 26th 2016.

SECOND HAND UNIFORM SHOP DATES FOR TERM 3 - OPEN FROM 2.30pm TO 3.20pm IN THE PORTABLE IN THE JUNIOR SCHOOL
FRIDAY 15 JULY
FRIDAY 29 JULY
FRIDAY 12 AUGUST
FRIDAY 26 AUGUST
FRIDAY 9 SEPTEMBER
Enrolments for Salesian and Sacred Heart Girls' Colleges

Year 7 2018
Applications       Close Friday 17 February 2017
Letters of offer  Mailed 27 April 2017
Final Day to Accept Offer  11 May 2017

Year 7 2019
Applications       Close Friday 25 August 2017
Letters of offer  Mailed 13 October 2017
Final Day to Accept Offer  27 October 2017

Timing of the Year 7 2019 enrolment process has changed in line with Catholic Education Melbourne guidelines. The new process will result in Catholic secondary colleges offering places for Year 7 enrolment in Terms 3 and 4 for Year 5 students.

Other secondary colleges may have different dates in this transition period. Please confirm directly with any other colleges for their dates.

Please see information on next pages:

Calendar
Federal Election Funding Facts
Five Ways to know you are over-parenting
Playgroup
School Concert
School finish time
Parking on Johnston Street
The Heart Coffee Shop Opening Hours
Biggest Morning Tea Thank You
Traffic & Parking Safety Guide Reminders
Creative Music Program for Term 3
Mums Fitness Fun flyer

Please note: SACRED HEART PRIMARY SCHOOL CONCERT - TUESDAY 13 SEPTEMBER 7.00PM AT SACRED HEART GIRLS’ COLLEGE
SACRED HEART COMMUNITY CALENDAR

Fri 24 Jun 2016
Newsletter Released
10am - 10:30am PA BBQ

1pm End Term 2 Students finish
Mon 11 Jul 2016

Students Return
2:30pm - 3pm Assembly - 5/6JH
Tue 12 Jul 2016

Red assessments back
School Banking
Fri 15 Jul 2016
Newsletter Released
Tue 19 Jul 2016
School Banking
Thu 21 Jul 2016
7:15pm PA Meeting
Sat 23 Jul 2016

5:30pm SH Confirmation Commitment Mass
Mon 25 Jul 2016
2:30pm - 3pm Assembly - 3/4EP
Tue 26 Jul 2016
School Banking
7pm - SH Confirmation Parent night @ HR
Wed 27 Jul 2016
7pm School Education Board
Fri 29 Jul 2016
Newsletter Released
Tue 2 Aug 2016
School Banking
7:15pm - PA Meeting - training for google doc
Wed 3 Aug 2016
7pm PA: Pot and Parma
Where: Bentleigh RSL, 538 Centre Rd, Bentleigh VIC 3204, Australia
Sun 7 Aug 2016
Canberra Camp
Mon 8 Aug 2016
Canberra Camp

Tue 9 Aug 2016
Canberra Camp
School Banking
Wed 10 Aug 2016
Canberra Camp
Thu 11 Aug 2016
Canberra Camp
Fri 12 Aug 2016
All campers Day off
Newsletter Released
Mon 15 Aug 2016
Feast of the Assumption
10:30am Assumption Mass
Tue 16 Aug 2016
School Banking
Wed 17 Aug 2016
7:15pm PA Meeting
Thu 18 Aug 2016
Confirmation Reflection Day
6pm Confirmation BBQ @ HR
7pm - Confirmation SH Family Workshop @ HR
Sun 21 Aug 2016
Book Week 21st - 26th
Mon 22 Aug 2016
2:30pm - 3:20pm Assembly - 1/2KB
Tue 23 Aug 2016
School Banking
Wed 24 Aug 2016
7pm - SH Confirmation Ceremony
Thu 25 Aug 2016
7.00pm Cybersafety Evening
Fri 26 Aug 2016
Newsletter Released
Catholic schools are a major partner in Victoria’s education system. One in four children are taught in one of the 493 Catholic primary, secondary and special schools throughout the state.

At this federal election, it’s important to remember that funding from the Australian Government constitutes a huge part of your school’s budget. On average, 62 cents in every dollar spent in Victorian Catholic schools comes from the Australian Government. After state government contributions (about 17 cents in the dollar), Catholic school families on average pay the remaining 21 cents.

Government funding ensures that Catholic schools can provide an enriching curriculum that develops the whole child, preparing your child to thrive in the 21st-century global economy. Our student achievement scores demonstrate that these dollars are being put to very good use.

The average ATAR score achieved by Victorian Catholic school students is six points higher than similar government school students, and our system’s average NAPLAN scores in literacy are on average three per cent higher.

Government funding is also essential to our mission of keeping parent fees affordable so that Catholic schools are accessible to as many Catholic families as possible.

Any move to cut or freeze Catholic school funding would have a devastating impact on the quality of your child’s education and the school fees you pay.

At this election, both the Liberal–Nations Coalition and the ALP have recognised the continued social and economic value of Catholic schools by committing to continued funding for our system.

Unfortunately, Catholic schools don’t have the same commitment from the Greens. Some of their policies seek to undermine your choice of a faith-based education for your child, not only by attacking our values, but also by taking money from Catholic and other non-government schools. This would lead to a poorer education system for all children around the country.

This Election Day, please take this information into consideration. The future of your child’s education may depend on it.
Five ways to know you are over-parenting
By Michael Grose

Here’s 5 tips to find a more balanced approach to over-parenting or helicopter parenting and encourage children to become independent young people.

It’s a quirk of twenty-first century parenting that we need an objective measure to assess our parenting. Past generations were satisfied with more subjective measures such as whether their kids were happy; whether they got good marks at school; whether they were employable; and whether or not if they stayed out of trouble (read goal in extreme cases)! It’s safe to say the parenting waters were far clearer in the past than they appear to be now. But the parenting industry has come a long way in a short time so we now have stringent indicators that let us know what parenting track we maybe on. And that, for many people, would appear to be the over-parenting track.

You know you are over-parenting if:

1. You take on all, or nearly all, of a child’s problems.
   Kids are good at handballing their problems to their parents. They’ll bring disputes with siblings for you to sort; expect you to take forgotten school lunches to school and pester you to organise their after-school lives. Mums and dads that over-parent invariably end up sorting out all their children’s problems which may make life easier in the short-term, but can mean kids become more dependent on their parents than children in the past.
   **Point to remember:** Leave some problems for kids to solve

2. You regularly do for a child the things he or she can reasonably do for themselves.
   It’s an irony of modern life that the busier parents get the more we tend to do for kids. In the race to get things done we dress young children; prepare children’s snacks and accompany them on trips outside the house even when they are old enough to do these activities themselves. If your child is becoming more rather than less dependent the older he becomes then it’s probably time to reassess your parenting.
   **Point to remember:** Never do regularly for a child the things they can do for themselves.

3. You take on too many of your child’s responsibilities
   Let’s see how you go with these questions! “Who’s responsible for getting your child up each morning? Who’s responsible for packing lunches and bags? Who is responsible for cleaning away children’s toys?” If you answered “My children, of course”, then congratulations; you shifted responsibility to where it rightfully lay: with kids. If not, then you guessed it. It may be time for a parenting reassessment.
   **Point to remember:** If you want a child to be responsible then give responsibility to him.

4. You know too much about your child’s life
   Being an attentive parent of a small family invariably means that you know in minute detail every quirk and vagary of your child’s life. “He didn’t eat all his breakfast this morning. Hmm! That’s not good.” “She seems a bit grumpy after school. What’s wrong?” “They left their jumper at home. I’d better take it to them.” Kids benefit from having some emotional and physical space from their parents. It gives them chances to rely on their own resourcefulness and develop the skills needed to get by on their own.
   **Point to remember:** A little bit of benign neglect can benefit children’s development.

5. You parent the individual and not the gang
   If you are constantly trying to make sure life is smooth for each child then you are probably parenting the individual, rather than for the good of the whole family! I’m not talking about ‘playing favourites’, but having an intense focus on meeting each individual’s wants can often be at the expense of family life in general. For instance, you allow a child to go on a sleepover rather than attend the birthday of a sibling. Parenting the gang means that children need to fit into the patterns of family life and don’t always get what they want.
   **Point to remember:** Raise your small family with a big family mindset.

Most of the research indicates the authoritative approach as ‘parenting best practice’. Authoritative parenting is a mix of firmness and warmth; discipline and nurturance; high expectations and relationship building. It’s an approach that sits... surprise, surprise... somewhere between over-parenting and under-parenting. Yep, as always a balanced approach to parenting, as to most things in life, seems to be the best way to go. Who would’ve thought it!
Dear Parents,
Earlier this year I invited you and your preschool child to establish a playgroup in our school community. I am pleased to announce playgroup will be at 2pm on Friday afternoons in the school hall / the heart, starting in Term 3.

If you would like more information please contact Sherilyn Mangalino on qt_she@yahoo.com or 0411 137 509, or drop by on a Friday afternoon from 15 July.

At this stage playgroup is only available to siblings of children already in the school.

Regards
Brian

MUSIC THROUGH THE DECADES

This year’s School Concert is dedicated to music through the decades. Please add this event to your diary (if you haven’t already) Tuesday, September 13th 2016 7pm at Sacred Heart Girls’ College, Oakleigh
More information about this night and what will be required for each class regarding costumes and props will be sent home.

IMPORTANT - Please make sure your child is collected on time after school either by yourself or a nominated carer – School finishes at 3.20pm each day.
It is important that children are collected on time after school. Teachers/staff have meetings on Tuesdays and Wednesdays to attend immediately after school and it is difficult when there are children left whose parents/carers have not collected them. We understand that there may be an occasion when you are a little late due to unforeseen circumstances and ask that you advise the school office on 8574 4500. It should not be a regular occurrence. Students may be sent to After School Care (Camp Australia) at parent expense, located in the Mora Avenue building, if not collected by 3.30pm and you will need to pick them up from there. This is to ensure the safety of all students.

PLEASE REMEMBER THAT THE PARKING ON JOHNSTON STREET HAS A PERMIT PARKING ZONE FOR STAFF ONLY AND IS NOT TO BE USED BY PARENTS. PARKING OFFICERS WILL BOOK YOU UNLESS YOU HAVE A SCHOOL PARKING PERMIT FROM MONASH COUNCIL.
Biggest Morning Tea

A total of $1115.00 was raised at the Biggest Morning Tea held here at school on 7 June for cancer research and support services. Thank you to everyone who helped with cooking, setting up and packing up and those who generously donated money to this fundraiser. It was a great success.

Sarah Boukouras

Parking and Traffic Safety Guide Excerpts on following 2 pages
The blue areas indicate where the 2 min parking zones are located. They operate from 8.30 - 9.30am and 3:00 - 4:00 pm on all school days.
ILLEGAL PARKING

Parking outside the church on Warrigal Rd is illegal. You cannot park on footpaths or in front of the school gates. It is too dangerous manoeuvring back into the traffic flow on these busy roads.

No illegal parking in these red zones.
Learn music here at school

Come and join in the fun of learning to play keyboard, guitar, violin, here at Sacred Heart Primary School, Oakleigh.

Creative Music for Schools conducts a music program here at school each week.

Small group classes or one-to-one lessons of up to 30 minutes give children an excellent grounding in music where they will learn to read music and play their chosen instrument.

Tuition costs from $16.20 per lesson and enrolments are now being accepted for limited places in term 3, 2016.

Interested parents should call Samantha during office hours on 9818 2333

Creative Music
www.creativemusic.com.au
MUMS FITNESS FUN

LOCATION: HOLY TRINITY ANGLICAN CHURCH HALL
(CORNER OF DANDENONG AND WARRIGAL ROADS OAKLEIGH)

COST: $7 FOR 35 MINUTES

CLASSES WILL RUN THREE TIMES A WEEK

Fight the winter blues, and then spring into Summer, with these innovative, 20 week, subsidized fitness sessions for mums.

Three sessions will be provided per week, at a cost of $7 for each 35-minute session.

Kids are welcome! Toys will be provided for the children to play with, while their mums work out.

Tea and coffee will be provided after each session.

Classes will commence during week commencing July 18th 2016 and run for 20 weeks.

Places are limited so please respond ASAP to avoid disappointment.

Sessions will be held at Holy Trinity Anglican Church Hall.

Be a healthier you for yourself, your partner, and your children and come along and try one of our Group Personal training sessions.

GET FIT!

FEEL GREAT!

FEEL MORE ENERGISED

HAVE FUN!

YOU’LL LOVE IT!

FOR FURTHER INFORMATION, PLEASE EMAIL MARISA AT:
mumsfitnessfun@gmail.com
By the end of June