Dear Lord,
Thank you for the gift of my creativity
I create fearlessly, with great love, purpose and passion.
My creative fire is awakened within me
For You are creative, Lord,
And I am made in Your image and likeness.
I flourish through my creativity.
Thank You, God, that I am creative.
Amen.
Clyo Beck (adapted)

An Artist Blessing for Us All
There was a great sense of excitement and anticipation in the school last week for the opening of the Sacred Heart Art show. Those who attended spoke of the quality of the work and the effort that went into the event. The Art Show is an integral part of the learning in our school and last week truly showcased this experience for all in our community.

Art is an integral part of learning. It is so much more than a fun pursuit, it helps children learn to engage and persist as well as encouraging the use of critical thinking skills. It helps children communicate their emotions and is a motivation to attend school. Research shows The Arts benefit student achievement and increases self-esteem and academic achievements.

The Art Program is a skill based program which explores painting, printing, drawing, clay, construction, collage and textiles. Elements and principles of art are also taught. These areas include colour, line, shape, texture, unity and pattern. The skills that have been taught in the schools were certainly celebrated in the art work displayed.

Events like this require commitment and leadership to be so excellently implemented. Congratulations to Fran Frederic for the quality of the teaching of all the children. She has a great talent at being able to draw out the creative talents. Thank you to Fran also for the leadership and the coordination of the entire event. Fran is the first to acknowledge the many of her supporters and helpers who also made the event possible. Thank you to staff for giving so willingly of their own time, the PA for catering, the parents who helped on preparation days and nights, both at the school and at home. It is impossible to record all the names of the helpers, but to each of you who have assisted in the event, thank you.

As the art show flags around the school yard fade in the sun, our memory of the art show also fades. We are fortunate to have legacies of the event such as the mural near the front entrance to the school. Some families have their own reminder with the auction pieces. Congratulations to the successful bidders. I hope each time you walk into the entrance of the school and view the welcome mural, you reflect on the gifts and talents of those who created it and those who make creativity possible for the children in our school.

Regards
Brian Martin
PARENT HANDBOOK
The Parent Handbook may be accessed ONLY by following this link http://www.shoakleigh.catholic.edu.au/private.html. There is no link on the website.

School Calendar
The 2015 School calendar may be downloaded by following this link http://www.shoakleigh.catholic.edu.au/calendar.html
Skoolbag App
Don’t forget to download the Skoolbag Communication App for Apple and Android phones - instructions attached.

School Calendar on the School Website / Skoolbag
We are aware of issues with these applications and are working to rectify as soon as possible.

School Review Parent Forum 2016
At Sacred Heart School we are committed to listening and responding to the views and opinions of our parents/guardians.

The next forum will be on Wednesday 28 October at 7pm and repeated on Friday 30 October at 2.20pm in the hall. This will be a guided forum to help develop our next 4 year plan as part of the school review in 2016.

SUMMER SCHOOL UNIFORM
Students are to wear Summer school uniform in Term 4 this year and term 1 in 2016. Please ensure that your children are wearing correct uniform on Sports Days as well as during the normal week. The list of appropriate school uniform is attached. It has been noticed that some students are wearing inappropriate hair ties and jewellery – stud earrings are the only jewellery that can be worn. Also, windcheaters should have the school approved logo on them. Runners should only be worn on Sports Day.

Maths Good News
Congratulation to all of the students who took part in the Australian Mathematics Competition on 29th July, we now have the results. Students will be presented with their certificates at assembly on October 26th.
Katrine S was awarded a High Distinction, placing her in the top 1% of students in her year level who took part in the competition.
The following students achieved a Distinction. This means that they were among the top 10% of students in their year level who took part in the competition.
   Emma S
   Isuru V
   Grace T
   Leon Z
   Caitlyn V
   Ellie T
   Abigail Y

Other students who participated in the competition were;

Well done everyone. We hope to enter the competition again next year if there are enough students interested.
Moira Luzan

Possum Rescue
Those students involved in rescuing the ring-tailed possum with Mr Martin last week will be pleased to know that he/she was taken to the vet and they have placed him with a carer until he is ready to be put back into his usual habitat.
Sacred Heart Community Calendar
Fri 23 Oct 2015
Newsletter out
PA Disco CANCELLED
2pm - 3pm Parent Forum on Class Sizes
Mon 26 Oct 2015
9am - 3pm Reconciliation Ref Day SH
5/6LR Assembly
Tue 27 Oct 2015
School banking
Wed 28 Oct 2015
7pm - 8pm Parent Forum School Review 2016
Thu 29 Oct 2015
3:45pm - 6pm Parent Teacher Optional Meeting
Fri 30 Oct 2015
Day for Daniel......
World Teachers Day
2:20pm - 3:20pm Parent Forum School Review 2016
Sat 31 Oct 2015
Feast of All Souls
Sun 1 Nov 2015
Feast of All Saints
Mon 2 Nov 2015
School Closure Day
Tue 3 Nov 2015
Melbourne Cup Day
Wed 4 Nov 2015
School Closure Day
7pm - 8pm Foundation Parent Night
Fri 6 Nov 2015
Newsletter out
Sat 7 Nov 2015
4:30pm - 5:30pm Reconciliation SH then Mass
Tue 10 Nov 2015
School banking
Wed 11 Nov 2015
Remembrance Day
Fri 13 Nov 2015
9am - 11am Foundation Orientation 1
11:30am - 1:30pm Foundation Orientation 2
Sat 14 Nov 2015
4:30pm - 5:30pm Reconciliation SH then mass
Mon 16 Nov 2015
2:30pm - 3:30pm Reconciliation Assembly
Tue 17 Nov 2015
School banking
Wed 18 Nov 2015
9am - 11am Foundation Orientation 3
11:30am - 1:30pm Foundation Orientation 4
Fri 20 Nov 2015
Newsletter out
PA Uniform Shop
Sun 22 Nov 2015
9:45am - 2015 / 2016 Foundation Welcome Mass!!!
9:45am - Mass & PA BBQ
Tue 24 Nov 2015
PA Subway
School banking
Wed 25 Nov 2015
7pm - 8pm SchoolEd Board
Thu 26 Nov 2015
Film Festival: Access All Areas
Nude Food Day
Sat 28 Nov 2015
Reconciliation Cert Both Schools All Masses
Sun 29 Nov 2015
Reconciliation Cert Both Schools All Masses
Mon 30 Nov 2015
PA AGM
3:05pm - 3:35pm Advent Prayer
Tue 1 Dec 2015
School banking
Thu 3 Dec 2015
9am - 12pm Foundation Orientation 5
Fri 4 Dec 2015
Carols in the Park: SH is on at 7:55pm
Newsletter out
Mon 7 Dec 2015
Red Assessment folder due back
Tue 8 Dec 2015
School banking
Wed 9 Dec 2015
6pm - Graduation Mass and dinner SH
Fri 11 Dec 2015
9am - 10am Thanksgiving Mass SH
Mon 14 Dec 2015
Reports out with term overview
3:05pm - 3:35pm Advent Prayer
Tue 15 Dec 2015
9am - 10:45am Yr 1-6 Orientation
School banking
Wed 16 Dec 2015
10am - 12pm PA: sausage sizzle
11:30am - 12:30pm Christmas Paraliturgy
Students Finish 1:00pm
Parish Christmas Mass and party 6:30pm
School Review Parent Forum 2016

At Sacred Heart School we are committed to listening and responding to the views and opinions of our parents/guardians.

The School Review Parent Forum is a platform for parents/guardians to:

- express suggestions and ideas for improvements at the school
- discuss school operations and policies

The aim of the forum is:

- to obtain parents views
- develop a strong partnership and
- to promote a collaborative educational atmosphere between children, home life and school

The next forum will be on **Wednesday 28 October at 7pm and repeated on Friday 30 October at 2:20pm in the hall.**

This will be a **guided forum** to help develop our next 4 year plan as part of the school review in 2016.

We are committed to working closely with parents to ensure they are completely satisfied with their child's education and feel that their views and opinions are listened to and actions considered.
The Access All Areas School Tour is a showcase of new Australian short films selected especially for primary-aged and high school aged children. It is designed to raise awareness about issues of ability and access in the community and is an opportunity to showcase access services such as captions and audio description.
What is Nude Food?

Nude Food is simply food that is not wrapped in foil, plastic or commercial packaging.

The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...

**To pack a Nude Food Lunch or Snack, you will need:**
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers

**Try to avoid:**
- Zip lock or plastic bags, plastic wrap or aluminium foil
- Tetra packed drinks, single serve yoghurts and cheese
- Single use plastic forks and spoons
- Prepackaged food, i.e. biscuits, snack bars and chips

**Tips for Packing Nude Food Lunches:**
- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys yoghurt or other pre-packaged snacks, buy these in a larger format and decant these into smaller reusable containers or a lunchbox.
- If your child enjoys ‘chips’, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
# SACRED HEART PRIMARY SCHOOL UNIFORM

<table>
<thead>
<tr>
<th>GIRLS SUMMER Terms 1 &amp; 4</th>
<th>BOYS SUMMER Terms 1 &amp; 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Navy &amp; White check dress (Peter Pan collar) with Navy blue Griffo shorts (available from PSW)</td>
<td>Navy shorts – above the knee</td>
</tr>
<tr>
<td>Navy track top with emblem</td>
<td>Red short sleeved polo with school emblem</td>
</tr>
<tr>
<td>Navy or white hair ties</td>
<td>Navy track top with emblem</td>
</tr>
<tr>
<td>White socks and black shoes or enclosed toe school sandals</td>
<td>Navy socks and black shoes or enclosed toe school sandals</td>
</tr>
</tbody>
</table>

Hats (red legionnaire style) must be worn at all times during terms 1 and 4
(Available from school office or PSW)

School Bag – with emblem (available from Primary School Wear)
Library Bag - (available from Primary School Wear)

<table>
<thead>
<tr>
<th>GIRLS WINTER Terms 2 &amp; 3</th>
<th>BOYS WINTER Terms 2 &amp; 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Navy Tunic / skirt OR</td>
<td>Navy slacks</td>
</tr>
<tr>
<td>Navy slacks / navy polyester bootleg pants</td>
<td>Long sleeved red polo top with emblem</td>
</tr>
<tr>
<td>Long sleeved red polo top with emblem</td>
<td>Navy track top with emblem</td>
</tr>
<tr>
<td>Navy track top with emblem</td>
<td>Bomber jacket – outside wear</td>
</tr>
<tr>
<td>Bomber jacket – outside wear</td>
<td>Navy beanie</td>
</tr>
<tr>
<td>Navy hair ties</td>
<td>Navy scarf</td>
</tr>
<tr>
<td>Navy beanie</td>
<td>Navy hair ties</td>
</tr>
<tr>
<td>Navy scarf</td>
<td>Navy beanie</td>
</tr>
<tr>
<td>Navy tights/navy socks with black shoes</td>
<td>Navy scarf</td>
</tr>
</tbody>
</table>

SPORTS UNIFORM

Navy shorts (above the knee)
Navy skort - girls
Red short sleeved polo with school emblem
Navy track pants
Navy track top with school emblem
Sports shoes, plain white socks (must cover the ankle and shin for safety reasons)

Extras

No jewellery other than ear studs
No make-up or nail polish
No tinted hair and extreme hairstyles

School Uniform Providers are

**PRIMARY SCHOOL WEAR**

15 Mills Street, Cheltenham.
Telephone 9583 3287.
[cheltenham@psw.com.au](mailto:cheltenham@psw.com.au)
Open Monday to Friday: 8:30am-5:00pm,
Saturday: 9:00am-5:00pm